

# Safe and Well Visits

Humberside Fire and Rescue service offer Safe and Well visits to our community. We provide information, advice and guidance tailored to meet individual needs.



Safe and Well



Our visits can include:

- Home fire safety
- Smoke alarm testing
- Escape plans
- Health and well-being information
- Advice to keep you safe in your home



**HUMBERSIDE**  
Fire & Rescue Service

**Helping to keep our community  
‘Safe and Well’ with targeted support.**

For further information and to check if you are eligible please visit [www.humbersidefire.gov.uk](http://www.humbersidefire.gov.uk) or contact our Public Safety Team on:



Safe and Well



0300 303 8242



[www.humbersidefire.gov.uk](http://www.humbersidefire.gov.uk)



For information on a range of primary self-care tools and resources, please visit [www.mecclink.co.uk](http://www.mecclink.co.uk)



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